# SJBS Baseball Travel Policy Handbook



Update January 2020 Version 1 - Draft

Approved by the Board of Directors on x/x/2020

#### Welcome

Thank you for your interest in the Summit Junior Baseball Softball ("SJBS") travel baseball program. This handbook is intended for use by parents and coaches and provides an overview of the SJBS Travel Baseball program. We have attempted to create a comprehensive handbook, incorporating everything about the program in one place, but recognize this document will be subject to revisions and edits on an ongoing basis. All revisions and edits must be submitted by the Travel Director and approved by a vote of the Board of Directors. The SJBS Bylaws and Code of Conduct are the governing documents of SJBS and take precedence over this handbook. Where the SJBS Bylaws and Code of Conduct remain silent on anything specific to travel baseball, this handbook will serve as the governing document. It may be necessary to waive certain provisions in this handbook from time to time which may be done by a vote of the Board of Directors. The maintenance of this document and enforcement to adhere to the provisions within is the responsibility of the Travel Director.

#### Travel Baseball Mission Statement

The mission of the SJBS Travel Baseball program is to provide an opportunity for high caliber player development and competition. However, the top priority remains aligned to the SJBS Mission Statement, *"To offer the best possible baseball and softball experience to Summit's boys and girls by providing an environment that inspires learning, teamwork, skill development, sportsmanship and fun."* Travel baseball is supplemental to the recreation program.

#### **Goals & Objectives**

The common goals and objectives of this program across all age levels are developing players' sportsmanship, skill, character, baseball knowledge, and love of the game. Having fun should always be most important and always above winning. SJBS will accomplish these goals and objectives through quality instruction and encouragement.

## SJBS Travel Development Philosophy

The first priority of this program is player development. Every player should have an equal opportunity to participate and develop. This does not necessarily mean equivalent playing time across the board. It does mean coaches will look for opportunities for each player on the team, including opportunities for pitching and catching, where appropriate.

Coaches should utilize the spring league season and regular summer and fall league season games to provide opportunities to players to achieve player development. At younger age groups, playing time should be distributed more equally. Pitching should be encouraged and taught, especially at younger ages as developed pitching will be vital to team success at the older ages. Tournaments and playoffs tend to stress winning more and equivalent playing time should not be expected in tournaments or playoff games.

Playing time will also be dependent on players attending and being focused at practices, showing up timely for games, having a positive attitude and being good students of the game. Coaches must use judgment in balancing the needs of the individual and the needs of the team.



If the league or tournament permits roster batting, the coach should make every effort to roster bat for regular season games.

### Teams

- 7U-12U Maroon "A" level equivalent. One team maximum per age group.
- 7U-12U White "B" level equivalent.
  - More than one team can be formed per age group if the number of players trying out and the tryout rankings allow.
- 7<sup>th</sup> Grade "A" level equivalent. One team maximum.
- 8<sup>th</sup> Grade "A" level equivalent. One team maximum.
- Should there be enough players interested that did not make a 7U-12U travel team, a "C" level summer travel team could be formed during late spring to play in a summer league.
- Fall teams will be dependent on registration and tryout results. The goal will be to have at least one fall travel team per age group, 7U-14U but there will be occasions when age groups will need to be combined.

## Age Group Determination

SJBS follows the Babe Ruth/Cal Ripken age-based eligibility rules up to the 12U age group. This is different from recreation baseball which follows grade-based eligibility. The cutoff birthday is set at April 30<sup>th</sup> of any given year. Therefore, whatever age the player is on April 30<sup>th</sup> is the age group they are eligible for (I.e., if a player is 9 years old on April 30, s/he is eligible for 9U).

Upon entering 7<sup>th</sup> grade, eligibility switches to grade-based. In some instances, a player may be in 7<sup>th</sup> grade but also eligible for 12U. A "swing" player is one that is 12 years old as of April 30 and is also in 7<sup>th</sup> grade. A "swing" player is eligible to play on either a 12U team or the 7<sup>th</sup> grade team. More details on swing player eligibility can be found in this handbook.

## **Travel Seasons**

SJBS Travel operates the following seasons:

## Spring/Summer Travel Season:

<u>Overview</u>: An intense 7 month program (Jan-Jul) geared toward committed players who are interested in playing baseball at the highest levels of training and competition.

<u>Registration</u>: will open on August 1 and close on August 15.

<u>Tryouts</u>: Tryouts through 7<sup>th</sup> grade will take place by the end of September. 8<sup>th</sup> grade tryouts will take place in early March.

<u>Team formations</u>: For ages through 7<sup>th</sup> grade, teams are formed by November 1. 8<sup>th</sup> grade team is formed in March.

<u>Winter Training</u>: Begins in January and leads up to the spring season. Training takes place at various indoor facilities. Focus on player development, skills, etc.



<u>Spring Season</u>: Games usually begin at the end of March and run through early June. The spring travel season runs parallel to the spring recreation program. Games are usually on Sundays, which are days that the recreation program is not playing. The spring season is an opportunity to focus on player development and to provide players opportunities at different positions. Recreation program games take precedence over spring travel. Designated travel pitchers are determined pre-season. Please see Designated travel pitcher section in this handbook.

<u>Summer Season</u>: Games begin around the beginning of June and continue through the end of July. This is typically the most competitive and intense part of the travel season. Games include league play, tournaments, playoffs and the Ripken Tournament. While the beginning of the summer season runs parallel to the recreation program, the recreation program takes precedence and designated travel pitcher rules are in effect. 12U teams will have the opportunity to travel to the Cooperstown tournament which takes place the first week in August. Teams are also permitted to participate in tournaments up to and including Labor Day Weekend.

#### Additional Summer Travel Teams (7U-12U)

<u>Overview</u>: A less intense travel program with a three month season and geared toward players interested in exposure to travel baseball without the intense level of commitment or competition.

Registration: Will open on April 15 and close April 30.

Tryouts: No tryouts.

Team formations: teams would be formed by May 15.

Summer Season: Games begin around the beginning of June and continue through the end of July.

#### Fall Teams (7U-14U)

<u>Registration</u>: Will open on July 1 and close July 31.

Tryouts: Tryouts take place by May 31.

<u>Team formations</u>: Teams are formed by September 1. Players who do not make a spot on the travel team or do not participate in the tryouts may opt to be on a rec-like team that will participate in an internal house league. The number of teams formed and the combination of age group will be determined based on the number of registrants.

Fall Season: Games begin after Labor Day through the first week of November.

#### Commitment

A certain expectation of commitment is required from all Spring/Summer travel players and families. Players are required to commit for both the spring and summer seasons. Baseball must be a player's #1 priority over all other sports and club teams during the spring and summer seasons in order to achieve the goals and objectives of this program.



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  - a. Attendance: attendance at all practices and games is critical to the player and their team getting the most out of the travel baseball experience. Those families scheduling vacations, camp, etc. that will coincide with the summer travel baseball season should reconsider signing up. The season will run through the last week of July/first week of August. Practice, game and tournament schedules will vary and will be at the discretion of the head coach.
  - b. Multi-sport conflicts: SJBS is a strong proponent of multi-sport athletes and encourages its players to participate in hockey, football, basketball, soccer and any other sports that help develop overall athletic and team participation skills. Specific to club baseball, we support SJBS players if they choose to have this as part of their baseball development. Club baseball teams have programs that overlap with the SJBS travel season in the spring and summer. This has the potential to conflict with SJBS practices, games and tournaments throughout the season. If a player and their parents are considering playing both SJBS and club baseball during the travel season, we would remind you of the SJBS commitment requirements outlined in this handbook. SJBS expects its players, that have committed to play for SJBS, will have SJBS activities take top priority during the traditional baseball season (i.e., late March through July). SJBS recreation and travel team should be each player's priority. Missing SJBS travel games for non-SJBS teams without first gaining approval from SJBS team head coach may result in disciplinary action including but not limited to suspension from games and up to a removal from the SJBS team by the Executive Board. It is also imperative that if a player elects to participate in club baseball during the travel season, they must keep their SJBS coaching staff fully aware of all club baseball activities so overall health, specifically arm management, can be considered for that player. The parents should be in frequent, direct contact with the SJBS head coach to ensure arms are taken care of. Please note that if a player is participating in a club baseball team during the travel season, this has the potential to have a negative impact as it relates to his/her playing time on the SJBS team. Such decisions on playing time for the SJBS team, when a player has, and continues to participate in conflicting club team events, will be at the discretion of the SJBS head coach and playing time decisions will be supported by the SJBS Board.
  - c. Focus: it is expected that players show up for practices and games on time and with the proper mindset and focus on baseball.
  - d. Sportsmanship: it is expected that all players, parents and coaches adhere to the SJBS player, parent and coach Code of Conduct.

## Team Budget

Team budget will be provided by the Treasurer at the beginning of the season. Typically, the budget will be calculated by the number of players registered for a team times the per player registration fee less any overhead costs (i.e., insurance, etc.) or shared costs (i.e., school gym usage). The remaining balance may be used for winter training, leagues and tournaments. If all budgeted money is spent and a team wants to participate in additional events, they will need to raise the additional funding needed. If a team does not spend all of their budget, a refund will not be provided, unless the season is impacted by force majeure.

## Participant & Spectator Behavior

All parents, coaches and players are required to sign the SJBS Code of Conduct upon registration. It is strictly against SJBS policy to engage in arguments, to use abusive language, to harass umpires, or to



exhibit any behavior not in the spirit of this statement. Our coaches need to manage the team as a whole as well as individual players, therefore, parents are expected to refrain from "coaching from the sidelines". As a travel program, coaches, players and parents are representing SJBS outside of Summit and are expected to be positive representatives of the SJBS program. Failure to do so may result in player suspension or removal from the team.

## League Play/Tournament Play

All travel teams will compete in league play. Teams will also compete in select tournaments. Maroon teams will participate in the Cal Ripken/Babe Ruth tournament and White teams will participate on a case-by-case basis. 12U teams will compete in the Cooperstown tournament in the first week of August. All leagues and tournaments must be submitted to the Travel Director and pre-approved by the Executive Board, per the SJBS bylaws.

# Safety

It is expected that the skill set of travel team players is sufficient to play at this competitive level. When there is a real concern that a particular player's skill level could lead to a safety risk to that child or another child, the head coach will advise the Travel Director.

## Travel Committee

The Baseball Travel Committee is an advisory committee with the purpose of reviewing SJBS travel baseball issues and making recommendations to the Board of Directors. The committee will assess travel policies and procedures, travel programming/league participation, fall ball and travel evaluations. The committee consists of a maximum of 9 members, including the Travel Director, appointed by the Executive Board

## SJBS Travel Team Tryout and Team Selection Process

## Tryouts

- a. The Travel Director shall oversee travel team tryout and team selections.
- b. The Travel director shall make interpretations and clarifications of these procedures when needed.
- c. The number of travel teams for each age group, and the playing level, (Maroon/White) will be determined by:
  - i. Number of players registered
  - ii. Number of qualified coaches
  - iii. The ability to field competitive teams
  - iv. Tryout result
- d. To be eligible to play SJBS travel baseball, a player must also be registered and participate in the rec baseball program. Participation in rec baseball means attending games and practices on a regular basis. Should a rec coach notice that a player is not actively participating in the rec program, the rec coach will bring it to the attention of their League Director who will investigate and bring to the attention of the Director of Baseball Operations and Travel Director, if necessary. Failure of a travel player to actively participate in the rec program may result in player suspension or removal from the travel and rec teams.
- e. Tryout dates for each age group will be announced in advance . Attendance at tryouts is mandatory for all players. If a player is unable to make a tryout, the Travel Director must be



notified at least 7 days in advance. Makeup tryouts will be at the discretion of the Travel Director and are not guaranteed. SJBS will always strive to maintain the same group of evaluators for the entire age group on the same tryout date. This assures that all scores within a session are relative to all other scores within that session.

- f. Players will be evaluated for skills consisting of arm strength, hitting, fielding/glove work, athleticism, baseball IQ, speed, pitching and catching.
- g. Players are not permitted to wear any baseball travel uniforms/jerseys/hats or any clothing with their name on it. Batting helmets, even if it does have a team on it, are permitted. Players dressed inappropriately risk being turned away from the tryout.
- h. Parents will be allowed to accompany players to register and get safely in the facility or to the field. No parents will be allowed in the tryout space with the players.
- i. Evaluations will be performed by paid professional evaluators or impartial evaluators from the community that are not associated with the age group they are evaluating. The Travel Director, in consultation with the Travel Committee, will decide which is the appropriate approach for any given season and age group.
- j. Coaches will not be chosen until after the evaluations are completed

# **Team Selection**

- a. The goal for all travel and tournament teams is to create the most competitive teams at all levels. Teams will be formed through a combination of tryout results as well as input from coaches of the current and previous seasons. The final roster will be approved by the Travel Director and posted on the SJBS website as soon as finalized.
- b. The intention of tryouts is to create rosters based on skill level as accurately as possible. We recognize that this is not an exact science and that no tryout process is perfect, but also recognize that historically players have not been materially misplaced. SJBS will conduct tryouts and place players in a way that adheres to this philosophy with the highest level of integrity.
- c. Overall player rating is based on the following weighting percentages:
  - i. Speed 10%
  - ii. Fly balls 10%
  - iii. Throwing/Pitching 20%.
  - iv. Fielding 25%
  - v. Athleticism 10%
  - vi. Hitting 25%
- d. All players in a given age group will receive roughly the same number of hits or balls in each specific tryout event.
- e. Catching is a non-core component of the tryout. The catching scores are supplemental to the other rated components. All players will be required to try out for the pitching evaluation. The catching evaluation will be optional.
- f. Maroon teams will be rostered before White teams are rostered
- g. If a player does not make a travel team, they are eligible to register in the spring for an SJBS summer NPGL Green League team. Rostering NPGL Green League teams will be dependent on enough players registering and coach availability.
- h. Travel team rostering:
  - i. Guideline to place the top 6 ranked players as determined by the evaluations on the Maroon team, and to exclude all players below the rank of 18 from the Maroon team
  - ii. Given the nature of the game and that tryouts are not perfect, the Maroon coach would have the opportunity to appeal placements based on these guidelines.



- iii. Coach would have to appeal to a committee consisting of 3 non-conflicted members: the Travel Director, the Director of Personnel and one Outside Director. If any of these individuals are conflicted, another non-conflicted member of the EB shall sit on this committee. The majority vote of the 3member committee would determine whether the coach can go outside of the guidelines
- I. "Swing" players
  - i. Players that are 7<sup>th</sup> graders and also 12U eligible will have the opportunity to try out for the 7<sup>th</sup> grade team and/or the 12U teams
  - In advance of tryouts, swing players will be asked to list their team preference order among 7<sup>th</sup> grade, 12U Maroon and 12U White so that SJBS can pursue a "matching program" for these players
  - iii. Swing players will then tryout for all teams they are interested in playing on
    - 1. Travel Director will work with coach of the swing player's first preference to determine if the player has made the roster
  - iv. If a player is offered a roster spot on their first choice, they will no longer be considered for the other two rosters; otherwise, the Travel Director will contact the coach of the second preference, and so on
  - v. A swing player exercising their option does so for the spring/summer season
- J. Play-up requests are not allowed. All players will play at the appropriate age level in accordance with the guidelines posted in this handbook.
- K. Post season evaluations as provided by prior travel coach/manager via the post-season evaluation form (appendix) will be factored into the selection criteria.
- L. All player evaluation data will be considered private confidential data and will not be shared publicly. The Travel Director, SJBS President and respective travel team coaches will be the only positions that have access to player evaluation data.

## Coach/Manager Selection

Coaches and managers are selected and approved annually, for a one season term. Coaching should not be construed as a multi-year assignment. Coach and manager selections will be made in the best interest of the league as a whole. Anyone who desires to be a Travel coach (head or assistant) must fill out an application. The SJBS Executive Board will provide final review and approval of travel coaches. Primary selection criteria include past baseball coaching and playing experience, personal coaching and human development philosophies, previous feedback based on SJBS surveys, organizational skills, strong moral and ethical characteristics, support of travel and rec baseball and SJBS policies & procedures and the applicant's commitment to devote a significant amount of time to the program during the season. While it is important that a travel team coach have expertise in the sport, it is just as important for the coach to have the welfare of the individual players and the players' character and confidence development foremost in mind. Even a person of integrity, sincerity and high idealism needs other qualifications (i.e., the ability to remain even-tempered under pressure, the ability to discover ways to impart his/her knowledge to each individual player, and the ability to understand children, to relate to them, and to be sensitive to their developmental requirements).

Coach applications will be reviewed prior to player evaluations, but coaches will not be selected until after the evaluations. Interviews may be conducted in addition to the application review. SJBS Executive Board will have sole discretion for coach selection.

All named coaches will be required to complete certifications including training in the areas of First Aid, Concussion recognition and management as well as a background check. The number of coaches on the bench is limited to a Head Coach and three assistants for league play and tournament play. Named



coaches will be officially rostered with the league. Coaches/managers must abide by all SJBS guidelines and policies.

- a. Tryout registration will include a question to indicate interest in head coaching or assistant coaching.
- b. The Travel Director will send the SJBS Travel Coaches application to candidates. The SJBS travel coaches application can be accessed here: <u>Travel Coach Application</u>
- c. Coach and manager candidates must complete and submit the SJBS Travel Coaches application form to the Travel Director. Candidates will indicate if they are interested in a head coach or assistant coach position.
- d. Candidates for 12U teams and younger will be parent managers. Candidates for 7<sup>th</sup> and 8<sup>th</sup> grade teams will be independent managers. The Executive Board reserves the right to change this at its discretion.
- e. Travel Director will review SJBS Travel Coaches application submissions and any past SJBS coach reviews.
- f. Travel Director reserves the right to contact and obtain feedback regarding a candidate within and outside the SJBS community including parents, coaches and umpires.
- g. Travel Director will conduct interviews with select applicants.
- h. Candidates may be requested to interview with the SJBS Executive Board, or selected members of the board.
- i. Travel Director reviews current year evaluations to ensure that prospective coach's child has sufficient scores to otherwise be rostered on the team
- j. Travel Director will recommend travel head coaches to the Executive Board.
- k. Executive Board votes on each coach nomination. If candidate is a member of the Executive Board, they must abstain from voting. If a member of the Executive Board has a player that is in the same age group and could potentially be on the team of the candidate being voted on, that Executive Board member is permitted to vote on the candidate.
- I. Once the head coach is approved, they will nominate assistant coaches in consultation with the Travel Director. Each assistant coach nomination will be voted on by the Executive Board.Travel Director cannot nominate self for a head coaching position. If the Travel Director is interested in coaching, they must abstain from the selection process at their age level. Non-conflicted Baseball Travel Committee members will fill the shoes of evaluating candidates and making a recommendation to the EB. At the end of each season, a survey will be sent out to player's parents requesting coach feedback. Coaches will review the feedback with the Travel Director and the Executive Board if necessary.
- m. Coach selection is entirely at the discretion of the Travel Director and the Executive Board. Some selection criteria include:
  - a. Baseball knowledge
  - b. Prior coaching experience
  - c. Coaching philosophy
  - d. Communication, organization skills, professionalism
  - e. Integrity/character
- n. The Executive Board has the discretion to suspend or remove a coach at-will and at any time. Reasons for removing a coach could be but are not limited to:
  - i. Inappropriate interaction with a player, parent, spectator, coach or umpire. The head coach is responsible for the conduct of his/her assistant coaches.
  - ii. Non-adherence to SJBS handbook
  - iii. Lack of practices or player development
  - iv. Lack of communication with parents and players
  - v. Losing "control" of the team and/or parents



- o. Coaches are required to complete all certifications and background checks as required by the Director of Personnel prior to the start of the season.
- p. Independent paid coaches must follow all the above prescribed guidelines. Paid coaches shall be paid for a season in an amount recommended by the Travel Director and approved by the Executive Board. One-half of the total compensation shall be paid at the beginning of the season and one-half of the total compensation shall be paid at the conclusion of the season. Paid coaches may not outsource or otherwise delegate any of their managerial duties to other individuals or requisition the services of other individuals without express prior consent of the Travel Director.

#### Team Acceptance

All players, given an acceptance to play for an SJBS travel team, will be required to immediately pay the travel player fee to secure their spot on the team. The registration fees are typically around \$500-\$750 for the spring/summer season. 12U Cooperstown team fee is typically around \$1,700. Fall fees are around \$100.

#### **Uniforms and Equipment**

All players are required to wear SJBS approved uniform shirt, belt and hat. Uniform costs are in addition to the registration fee. The league has changed uniforms in the past. We are sensitive to the cost of uniforms and players may reuse uniforms from year to year, as the long as the uniform has not changed. When uniform changes are made, it will be required that all players purchase the new uniforms.

Each player must provide his/her own bat, glove, helmet and personal protective equipment. Parents are responsible for providing any additional safety equipment that they choose to use. SJBS travel requires the wearing of a hard protective cup.

#### **Call up Protocols**

There are times when a team will not have enough players available to play a game. This is when call up(s) from other teams are required. Below is the order in which call ups must be made. Call up players must bat last in the order and play the outfield.

#### Spring/Summer:

- Maroon team: 1) White team in same age group; 2) Maroon team in age below
- White team: 1) Maroon team in age below; 2) White team in age below

Fall:

• All teams: 1) Team in age below

#### Designated Travel Pitcher Rules and Pitch Counts

SJBS has adopted a pitch count methodology to protect the league's youth pitchers. It should be noted that while pitch counts are important to manage for player safety, proper warm up and stretching before every practice and game is just as important. For a guide on proper baseball warm up and stretching please click <u>here</u>.

- SJBS pitch count rules apply to all league play and tournaments with two exceptions; House rules are permitted for the Ripken tournament and Cooperstown tournament.
- Limits concerning catchers:



- A player that pitches 41 or more pitches in a game CANNOT play catcher in that same game.
- A player can catch a maximum of 4 innings if they intend to also pitch in that game; If a player starts a 5th inning as the catcher (even one warm up pitch) they cannot pitch in that game.
- The league pitching week (for the purpose of calculating the per-week pitch limits and associated pitcher recovery days) shall run from Sunday through Saturday. NOTE: Pitching Recovery Days carry over from one week to the next. As an example, a pitcher who throws 50 pitches on Saturday is not eligible to pitch until Wednesday even though the league pitching week begins again on Sunday.
- After a game is completed, coaches (Recreation & Travel) will input pitch counts into the SJBS online system as well as email to their League Director.
- A pitcher cannot start a new batter if the pitcher is within two pitches of their maximum pitch count.
- If a pitcher reaches their maximum pitch count in the middle of a batter, the pitcher may finish the batter.
- The number of pitches thrown in games declared no contest or called on account of inclement weather or for any other reason shall be charged against that pitcher's eligibility for that week.

Designated Travel Pitchers (DTP)

- Applies to grades 4-8
- Travel Coaches must designate five (5) Travel Pitchers (DTP's). These players were already identified at the draft as Travel Players. The following summarizes the special restrictions for DTP's with respect to recreation league baseball and for Non-DTP's with respect to travel league baseball.
- In addition to pitch count limits (per game and per week) prescribed above, a travel coach may not use a Non-DTP in a manner that would preclude the Non-DTP from being able to throw the maximum number of pitches per game for that Non-DTP's recreation team. A recreation coach may agree to release a Non-DTP to that player's travel team if the recreation coach does not plan to pitch the Non-DTP during that pitcher's resulting Days of Recovery Period. However, in doing so, the recreation coach may not change their mind and pitch the Non-DTP during that pitcher's resulting Days of Recovery Period. This release is only allowable if the recreation coach notifies the League Director and the player's travel coach of this decision prior to the beginning of the travel baseball game in question. NOTE: This exception is designed to balance the pitching depth in the recreation league while also allowing greater pitching depth for the travel team in the event of unforeseen circumstances such as make-up games.
- In addition to pitch count limits (per game and per week) prescribed above, a recreation league coach may not use a designated travel pitcher (DTP) in a manner that would preclude the DTP from being able to throw the maximum number of pitches per game on consecutive Sundays. In other words, DTP's must be able to throw the maximum number of pitches per game at least every other Sunday (in travel games). A travel coach may agree to release a DTP to that DTP's recreation team if the travel coach does not plan to pitch the DTP on the following Sunday. However, in doing so, the travel coach may not change their mind and pitch the DTP on the following Sunday. This release is only allowable if the travel coach notifies the League Director and the player's recreation coach of this decision prior to the beginning of the recreation baseball game in question. NOTE: This exception is designed to maximize the pitching time for the 4th & 5th ranked DTP's who may see less pitching time on their travel teams.
- If a DTP, on any Sunday, exceeds the number of pitches that requires a minimum of four (4) days rest, such DTP may not pitch on the following Sunday (Travel Game) and may be used as a pitcher by their recreation coach in a manner that is otherwise consistent with SJBS's pitching regulations as outlined in the league's rule book. The DTP may pitch for this recreation team either Friday or Saturday, in this case.



• Recreation Playoffs: The DTP restrictions will not apply during the recreation league playoffs. All pitchers will be subject to same pitch count / days of rest regulations (see Pitch Count / Days of Rest Exhibit below).

League	Ages/Grade			Recovery Days				
		Max Pitches	Max Pitches	0 Day	1 Days	2 Days	3 Days	4 Days
		Per Game	Per week					
Minor	8-9 / 3rd Grade	50	100	<20	20-29	30-36	37-44	45
Minor	9-10 / 4th Grade	65	130	<22	22-36	37-45	46-54	55
Major	10-12 / 5th & 6th Grade	70	140	<25	25-40	41-48	49-60	61
Suburban	12-15 / 7th, 8th,& 9th Grade	85	170	<27	27-40	41-53	54-69	70

Appendix A

Player evaluation form (will be electronic)

